

People with a substance use disorder are at **increased risk of severe illness and death** from COVID-19.

Increased stress from COVID-19 has caused increased alcohol and substance use. If you or someone you care about is using alcohol or other substances, or is increasing their use during the COVID-19 pandemic, here are a few suggestions that may help:

- Contact your healthcare provider
- Attend a virtual treatment or recovery program
- Discuss options for medications to treat alcohol or opioid use disorders with your healthcare provider.
- Take medicine as prescribed and continue therapy, treatment, or support appointments (in person or through telehealth services) when possible
- **GET VACCINATED**

People who use drugs and live in group settings or who gather with others are at increased risk of exposure to the virus that causes COVID-19.

COVID-19 vaccines are free and available to anyone who wants one.

Protect Yourself and Your Family!

Find a free vaccine at **vaccines.gov**



For more information about COVID-19 and Substance Use barriers, visit

wwimpact.org/covid



Ref: **cdc.gov**



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