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Clinical Practice Guidelines for Assessment and Management of Intellectual disability

N. Thomas Kishore, Sandhya Kumar, Lokesh G[1], and Girish Kumar[2]

Department of Psychiatry, Kasturba Medical College, Mangalore, Manipal University, Mangalore, Karnataka, India
[1]Department of Psychiatry, Kasturba Medical College, Mangalore, Manipal University, Mangalore, Karnataka, India
[2]Child and Adolescent Psychiatry, National Institute of Mental Health and Neurosciences, Bengaluru, Karnataka, India

Address of correspondence: Dr. N. Thomas Kishore, Kasturba Medical College, Mangalore, Manipal University, Mangalore, Karnataka, India.
E-mail: N. Thomas Kishore: drntkishore@gmail.com

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INTRODUCTION

Mental retardation is a developmental disorder and is associated with significant limitations in intellectual functioning and adaptive behaviors. Currently, it is widely referred as "intellectual disability (ID)" and "intellectual developmental disorder (IDD)" in the literature. The term "mental retardation" is being replaced by the term "intellectual disability" in the United States of America (United States) by the American Association on Intellectual and Developmental Disabilities (AAIDD), the World Health Organization (WHO), the International Classification of Diseases, 10th revision (ICD-10) publication and in other organizations and in the clinical practice, the term "mental retardation" is still in use. The term "ID" is used in the United States of America (United States) in the context of educational services and in the United States of America (United States) Federal Law, the term "ID" is used to describe a condition with developmental and mental retardation, as set in a Public Template relating to the terminology and differences in the criteria for diagnosis of ID and mental retardation in the guidelines for January 2010, which are based on the WPA Axis 5, a universally agreed upon classification system. The term "intellectual developmental disorder" is used in the DSM-5 Axis II, a universally agreed upon classification system.[1]

It is estimated that nearly 2.5% of the global population will have low levels of intellectual functioning communication with ID ranging a wide spectrum of severity and presentation.[2] Intellectual disability (ID) is a condition characterized by a significant impairment in cognitive functioning and adaptive behavior, which is manifested in the conceptual, social, and practical domains. The intellectual impairment may be paralysis since very depending on whether deficits in either intellectual functioning or adaptive behavior or both are predominant. Intellectual disability is a condition that is

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Conflicts of interest

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Appendix 1: Key questions to aid assessment, intervention, and treatment plan

Appendix 2: Scales of intellectual functioning and adaptive behavior adapted or normed for Indian population

Appendix 3: Tests indicated in case of intellectual disability and comorbid conditions

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Figures and Tables

Table 1

Terminology and conceptual issues related to intellectual disability among different diagnostic systems

Figure 1

Finnish approach

Table 2

Some common minor physical anomalies and other findings on physical examination

Table 3

Physical investigations in intellectual disability

Table 4

Disability certification process as per the guidelines based on Rights of Persons with Disabilities Act

Table 5

Summary of medical interventions

Table 6

Summary of pharmacological treatment options